



**THE UDDER RUN  
JUNE 12, 2010**

**SATURDAY**

**HILMAR**

5 Mile Run \*\*\*\* 2 Mile Run/Walk \*\*\*\* 8 & U Kids Fun Runs

A Benefit for the Hilmar High School & Hilmar Middle School Track Teams  
Held in association with the Merced Running Club

Location: Hilmar Middle School, 7528 Scholar Way, Hilmar, CA  
Times: 5 Mile & 2 Mile Races 8:00 a.m. \*\*\* Kids' Runs 9:15 a.m. (Awards immediately following kids' fun runs)  
Race Day Registration begins at 6:30 a.m.

Entry: 5 & 2 Mile Races: \$20.00 if postmarked by 5/28/10; \$25 thereafter. First 250 entrants guaranteed shirts.  
Entry includes shirt with our cow logo, post race refreshments including Hilmar Cheese, milk, yogurt, fruit, bagels, etc., and one entry into our raffle.  
8 & Under Kids' Fun Runs FREE (register children on race day).

Courses: 5 Mile: Loop course – flat country roads and gravel through Wickstrom Brothers Dairy,  
(Not certified) Yosemite Jersey Dairy and past Clauss Dairy Farm.  
2 Mile: Out and back, flat, country roads  
Timing services provided by On Your Mark Events

Awards: Awards & Hilmar Cheese gift packs for the male and female winners of each race and the male and female masters (40 & over) winners of each race; division winners receive coupon for one pound of Hilmar Cheese; medals 1<sup>st</sup>-3<sup>rd</sup> in all divisions (over 50 divisions).  
Medals for all Kids' Fun Run Participants.

Information Call Michele Livak (209) 668-8319; email [mlivak@hilmar.k12.ca.us](mailto:mlivak@hilmar.k12.ca.us)  
Checks payable to: On Your Mark  
Mail Registration to: P. O. Box 1199, Arnold, CA 95223  
Download Registration: [onyourmarkevents.com](http://onyourmarkevents.com) \*\*\*\*\* On-line Registration: [active.com](http://active.com)

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ M \_\_\_\_\_ or F \_\_\_\_\_

Event: 2 Mile \_\_\_\_\_ or 5 Mile \_\_\_\_\_ Shirt Size S M L XL

Entry fee: \_\_\_\_\_ \$20 (postmarked by May 28, 2010)  
\_\_\_\_\_ \$18 (for Merced Running Club members, postmarked by May 28, 2010)  
\_\_\_\_\_ \$25 (After May 28, 2010 and race day registration)

Total amount enclosed: \$

*Waiver: I acknowledge that running a road race is a potentially hazardous activity and I should not run unless I am medically able and properly trained. I assume all risks associated with running the 7<sup>th</sup> Udder Run, held on June 12, 2010, including, but not limited to, falls, contact with other participants, traffic, conditions of the road and effects of the weather. In consideration of your accepting my entry, I, intending to be legally bound for myself, my heirs, executor, and administrators, waive and release any and all rights to claims or damages I may accrue against Merced Running Club, On Your Mark Events, Hilmar Cheese, Yosemite Jersey Dairy, Wickstrom Brothers Dairy, Hilmar Unified School District, the county of Merced, committee members of the Udder Run, and all sponsors and race officials, their agents for any and all injuries, ailments, or consequences suffered by me resulting from my participation in the Udder Run.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature if under 18 \_\_\_\_\_ Date \_\_\_\_\_

