

ON YOUR MARK *Events* and the **Merced Running Club** present the



# THE 27th MERCED GATEWAY TRIATHLON

Sunday, October 3, 2010 • 8:30 am • Merced College Pool • Merced, CA

## ► The Courses

**Long Course:** is 800 yard swim, 24 mile bike, 6 mile run.  
**Short Course:** is 400 yard swim, 6 mile bike, 2 mile run.  
**Kids Course:** is 200 yard swim, 2 mile bike, 1 mile run.  
**Pool Swim:** Great for first-timers and youth. Short course will be 8 lengths and long course will be 16 lengths. Swimmers will start in waves.  
**Bike:** Short course is very flat, out and back. Long course has some gradual uphill bit is very smooth and fast, out and back.  
**Run:** Both short and long course are flat and fast city streets and bike path, out and back.

## ► Awards

Medals 3 deep in 5-year age groups. Trophies to overall winners & masters in short & long course. Kids Distance awards 5 deep in 2-year age groups. All competitors will receive custom T-shirt, BBQ lunch & more.

## ► Registration

Race-day registration and packet pick-up will start at 7:00am at the Merced College Pool.

## ► Entry Fees

All participants receive BBQ, T-shirt and more

Course:	Fee:	Day-Of Fee:
Short Course	\$65	\$75
Long Course	\$75	\$85
Relays (Long Course only)	\$215	\$245
Kids Course	\$35	\$40

Extra lunch tickets on sale race day for \$10. Your cancelled check is your confirmation; sorry no refunds.

## ► Directions To Race

**Northbound 99:** Take "G" St. exit. Turn right on "G" St. to Yosemite Ave. Turn left on Yosemite to the college on right.  
**Southbound 99:** Take "V" St. exit to "R" St. Go left to Yosemite Ave. At Yosemite Ave., go right to the college (on your left.)

## ► Contacts

For more information or registration, call (209)795-7832, or go to [www.OnYourMarkEvents.com](http://www.OnYourMarkEvents.com).

### KIDS COURSE

Complete with kids distances for ages 5-12.  
 2 Year age brackets for awards! 5-6, 7-8, 9-10, 11-12  
 200 Yard Swim, 2-Mile Bike, 1-Mile Run.  
 Kids Course will start after the Long Course and Short Course have started.

**CPSC approved helmets required**

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## Merced Gateway Triathlon

Please Print Clearly

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_ AGE (ON RACE DAY)  SEX  M  F

- Long Course
- Short Course
- Kids Course
- Relay (Long Course only)

Each relay team member must fill out an entry form. Please send all relay team forms together.

For entry send your completed form and non-refundable fee made out to On Your Mark to: On Your Mark P.O. Box 1199 Arnold, CA 95223 209/795-7832

**Waiver to be signed on the day of race.**