



2nd Annual
John Muir "Trail Run Challenge"

SATURDAY APRIL 19, 2008
MARTINEZ, CALIFORNIA

10am Start, Rain or Shine

John Muir was passionate about nature and dedicated to preserving our natural treasures. In recognition we celebrate with the 2nd annual **John Muir "Trail Run Challenge"** 10K run event and festival. WWW.JOHNMUIREARTHDAY.COM

- Registration:** Check-in and race day registration opens at 8:00am at **Alhambra High School**. 150 E St., upper parking lot located on F Street, behind Safeway. Follow the signs.
- Course:** Set within the 2843 acre Carquinez Strait Regional Shoreline Park area, a Challenging and fast 6.2 mile fire roads course with 1500'+ elevation gain.
- Entry Fee:** 10K Run Trail Race - \$25.00 pre register. \$30.00 day of event.
- Awards:** Trophies awarded to the top three finishers in each age group.
- Age Groups:** 13 & under, 14-18, 19-29, 30-39, 40-49, 50+, male and female.
- Festival:** Stay after the run and enjoy the 2008 *John Muir* "Earth Day Festival" a series of public activities in and around *John Muir's* home town of Martinez, CA. Food, Barbecue, Wine will be served at the Festival along with great family activities.

ONLINE REGISTRATION - WWW.ONYOURMARKEVENTS.COM



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2008 TRAIL RUNNER TROPHY SERIES POINTS RACE – MORE INFO GO TO WWW.TRAILRUNNERMAG.COM

John Muir "Trail Run Challenge" 10:00am, April 19, 2008, Alhambra High School, Martinez, CA.

NAME (Please Print Clearly) _____

10K
RUN

ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE _____

EMAIL _____

AGE _____ M _____ F _____
[on race day] Gender

For entry, send your completed form and non-refundable fee made out to **EMI**, mail to:
On Your Mark
P.O. Box 1199
Arnold, CA 95223

WAIVER: I certify that I am physically fit and sufficiently trained to participate in the John Muir "Trail Run Challenge". In consideration of acceptance of my entry into the event, and recognizing that there are certain inherent risk associated with participating in an event of this type, I agree to assume that risk and indemnify, waive, release, and hold harmless any sponsor(s) including On Your Mark, EMI, Martinez Unified School District, City of Martinez, East Bay Regional Parks, National Park Service, John Muir Association, their directors, managers, officers, employees, representatives, agents, heirs and assigns from any and all claims for damages arising from or out of my participation in and travel to and from the event. I will assume responsibility for my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from or occurring in my participation in the event. I have read and fully understand all of the above.

SIGNATURE OF PARTICIPANT (PARENT IF UNDER 18 YEARS OF AGE) _____

DATE _____